



Peer support connections.
We are **STRONGER TOGETHER.**

The mission of VolunPEER is to get, give, and grow peer support for Those in need. Sharing lived experiences for connection will be offered with a foundation of training, support and resources to guide the VolunPEER services. VolunPEER will partner with organizations and communities where support is a focus to expand and enhance peer support across the country.



Get Peer Support

We face an unprecedented time of mental health crises, isolation depression and anxiety in our country. Never before has connection and healing been needed so much and VolunPEER Mentors are ready and waiting to walk beside you since you will be connected to someone who has walked in your shoes.



Give Peer Support

Connecting as a VolunPEER Mentor will allow you to offer your shared lived experiences, resources and support to someone else in need. You've been through an experience that can be shared to support and serve someone else.



Grow Peer Support

Many groups and organizations have organically or intentionally started peer support activities as a tool to support those in need. At VolunPEER we want to join your efforts to promote the effective use of peer support to build resilience in those you serve and within your organizations.

* VolunPEER's Survivor Informed Peer Support (**SIPS**) is a new model of peer support that emphasizes the survivor's shared lived experience to serve someone else in need.

CONNECT WITH US



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Donate Now!

Look for us on social media!





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The mission of Volunpeer is to GET, GIVE and GROW peer support to address mental health challenges and build our resilience.

2024 VolunPEER Calendar of Events

VolunPEER Resilience Center, 174 Eagle Rock Avenue, Roseland New Jersey 07068 / Virtual events will be ZOOM invites.

January 2024

January 20, 2024 2:00pm-3:00 pm VolunPEER Clergy Support group / GET VolunPEER support event

January 28, 2024 2:00 pm - 5:00 pm VolunPEER Resilience Center Grand Opening / GROW VolunPEER support event

February 2024

February 11, 2024 2:00pm -5:00 pm VolunPEER Training Skills Session One / GIVE VolunPEER support event

February 13, 2024 6:30pm-8:30 pm VolunPEER Resilience & the Roseland Library / GROW VolunPEER support event

February 20, 2024 7:00 pm - 8:00 pm (virtual) VolunPEER Survivor Special population support group / GET VolunPEER support event

February 29, 2024 7:00 pm - 8:00 pm Resiliency by Aligning your mind & body; Volunpeer & Fisher Chiropratic / GET VolunPEER support event

March 2024

March 10, 2024 2:00pm - 5:00 pm VolunPEER TrainingSkills Session Two / GIVE VolunPEER support event

March 16, 2024 12:00 pm - 5:00 pm VolunPEER Maker Academy "Maker Day" / GROW VolunPEER support event

March 26, 2024 7:00 pm - 8:00 pm VolunPEER 9/11 support group / GET VolunPEER support event

April 2024

April 16, 2024 6:30 pm - 8:30pm VolunPEER Resilience & the Roseland Library / GROW VolunPEER support event

April 21, 2024 2:00pm - 5:00 pm VolunPEER Training Skills Session Three / GIVE VolunPEER support event

April 30, 2024 7:00 pm - 8:00 pm VolunPEER First Responder Families Support Group / GET VolunPEER support event

May 2024

May 19, 2024 2:00 pm - 5:00 pm VolunPEER Tribute Memorial Garden Project / GROW VolunPEER support event

May 21, 2024 7:00 pm - 8:00 pm VolunPEER Mom support group / GET VolunPEER support event

May 28, 2024 6:30 pm - 7:30 pm VolunPEER Training Peer Team Meeting / GIVE VolunPEER support event

June 2024

June 9, 2024 2:00pm - 5:00 pm VolunPEER Non profit partners Resilience session / GET VolunPEER support event

June 11, 2024 6:30 pm - 8:30 pm VolunPEER Resilience & the Roseland Library/ GROW VolunPEER support event

June 18, 2024 6:30 pm - 7:30pm VolunPEER Training Peer Team Meeting / GIVE VolunPEER support event

July 2024- December 2024 TO BE ANNOUNCED SOON!

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